IP Traffic Aggregation:
Headroom Needed for QOS and Application to TDM transport

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Abstract

The current Internet infrastructure includes a mixture of packet routers and TDM transport. In this paper we examine how much headroom\(^1\) a given bandwidth of IP traffic needs for transport over the TDM optical infrastructure in order to meet certain QoS objectives. This question has implications for the correct sizing of the traffic engineered TDM tunnels that are used for the bulk of today’s long haul optical transport.

Aggregated traces of IP traffic collected by NLANR/Moat [10] were input to a simulator to evaluate the delay and packet loss incurred using different amounts of transport headroom. We found that for general Internet traffic with a target delay bound of 1 msec and a target packet loss ratio of 1 in 10\(^5\) per switch, an optimum for aggregation occurs at a bandwidth of approximately 150 Mbps (OC3 in the USA or STM1 in Europe). We observe that the headroom needed to ensure a given QoS decreases with the square root of the bandwidth: thus \(h \propto 1/\sqrt{b}\).

Internet traffic is known to be self-similar across a wide range of time scales. However, there is evidence that suggests that packet interarrival times of many aggregated flows follows the Poisson distribution. The aggregated NLANR/Moat traces confirm that the packet interarrival times are approximately exponentially distributed.

Finally we develop a simple model to evaluate the headroom needed to assure a certain packet loss and packet delay. The model is used to derive the \(1/\sqrt{b}\) headroom law.

1 Introduction

IP Traffic today is primarily carried by the TDM infrastructure (SONET in the USA and Japan and SDH elsewhere) once it leaves the ISP. This is for a number of reasons.

- **Historical**: the TDM infrastructure was built for voice needs and had spare capacity to accommodate Internet growth until about 2002 when the data traffic volume overtook the voice traffic volume.

- **Cost**: TDM switching nodes are approximately 6 times cheaper than router nodes (2002 prices) and will most likely remain cheaper, as the TDM nodes do not require routing tables, packet buffers, lookup logic or sophisticated routing software.

- **Traffic Engineering**: The TDM tunnels carry IP traffic for hundreds or thousands of users. Traffic from large collections of individuals tends to have recurring patterns similar to water or electricity usage corresponding to human’s diurnal cycle, see Figure 1. The TDM tunnels are sized according to peak load (much like the mains electricity supply) and change on a weekly or monthly basis except in the case of emergency

\(^1\)Let \(b\) denote the average flow (Mbps) on a link. Let \(c + b\) denote the capacity (Mbps) that the link requires in order to meet a QoS target. The headroom \(h = c/b\).
Figure 1: Weekly traffic usage on an OC48 backbone

or the automatic fail over of routes. The millisecond routing decisions taken by routers are therefore not needed and a human can make long timescale traffic-engineered decisions over a period of weeks by monitoring the peak load graphs.

Other authors [9] have realized this cyclical nature of the Internet, and the inherent problem [8] with router scalability as Internet traffic continues to grow at a rate of some 100% per year or more [12] – routers apparently do not scale with Moore’s law and they are too slow to accommodate the current rapid growth rates. The authors propose solutions from optical circuit switching [1] to electronic circuit switching on a per TCP basis [6, 9]. We contend that this is unnecessary and un-economic.

We suggest that the Internet will be operated most efficiently with a combination of routers for local traffic, and TDM tunnels between major traffic centres. The need for core routers that can handle huge volumes of traffic can be reduced if we route the bulk of traffic (not destined for that particular node) past the router in TDM pipes. This hybrid (TDM transport/packet routing) network conforms to the existing hierarchical design of the Internet and will further alleviate the $N^2$ problem as the network size increases.

If the hybrid (TDM transport/packet routing) network will be with us for the foreseeable future, the question arises: how much headroom does the IP traffic inside the TDM transport pipes need in order to realize a given Quality of Service? This question can be answered on many levels, from the technical ideal to the economic, to the likely practical implementation given past carrier deployment patterns. In this paper we answer the question from the packet delay and packet loss point of view.

2 The simulation experiments

We based our estimate of headroom requirements on a previous simulation for video stream aggregation [2]. In this simulation the authors used up to 15 MPEG video traces to test the effects of aggregation on video streams. They found that the headroom needed to meet a QoS agreement decreased with increasing aggregation. Their results are summarized in Table 1, which agrees with the trend that we observe (Figure 11) although the video traffic seems to need more headroom. This might be because video traffic is more structured than the general Internet traffic that we used in our experiments.

2.1 The sample data

Several traces from NLANR/MOAT [10] were used as the source data for our simulation experiments. These traces represent core traffic collected at different aggregation points in the Internet. The traces were processed to extract the packet start times in microseconds and the packet lengths in bytes. Several of the traces were examined for anomalies. A class of data (Coral Traces) from the NLANR/MOAT archive was discarded after we determined that nearly all the traces in this class contained a spurious spike of arrivals between two and three seconds into the trace. See Figure 2 for an example of one of the anomalous traces.

The traces show packets arriving per second, and

<table>
<thead>
<tr>
<th>number of traces</th>
<th>total average bandwidth Mbps</th>
<th>% headroom needed for QOS</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>20</td>
<td>150</td>
</tr>
<tr>
<td>10</td>
<td>39</td>
<td>85</td>
</tr>
<tr>
<td>15</td>
<td>61</td>
<td>58</td>
</tr>
</tbody>
</table>

Table 1: Summary of video aggregation experiment
each trace is a collection of 150-point histograms over larger and larger time intervals. We determined that the data collected in another format (TSH traces) were free of anomalies and we used these traces as our source data. See Figure 3 for an example of the TSH traces.

We used two sets of TSH traces from two different days, Jan 30 2001 and Feb 14 2001. We used a total of fourteen traces from each day, each trace having a timespan of 90 seconds. The average bandwidth of each trace varied from 15 to 70 Mbps, with the average bandwidth of all the traces being 44 Mbps.

2.2 The simulator

Flow aggregation was simulated by inputing the traces to a single FIFO buffer and extracting the packets at a constant rate determined by the output link bandwidth. The FIFO depth and the output link bandwidth could be adjusted. Packets arriving to a full FIFO buffer were discarded. A representation of the switch is shown in Figure 4.

The time between the arrival of a packet and the packet leaving the FIFO was used to measure the delay of the packet through the switch. All internal processes in the switch were assumed to occur with zero delay. The switch was simulated in time units equal to the time taken to transmit the minimum packet size (40 bytes) across the output link bandwidth.

2.3 The simulation results

We performed various simulation experiments using different levels of aggregation, buffer sizes and output link speeds. We aggregated 2, 4, 6, 8 and 12 traces giving average aggregated bandwidths varying from 35 to 500 Mbps. Initially we used buffer sizes of 4, 8, 16, 32, 64, 128 and 256 Kbytes. For each aggregation level, we determined the average total bandwidth and then increased the output bandwidth to obtain a headroom of 2, 5, 7, 10, 15, 20, 25, 30, 35, 50 and 70%.

Sample plots of the packet loss ratios at two different levels of aggregation are shown in Figures 5.
and 6. The vertical axis displays the logarithm of the packet loss ratio. The x-axis displays the headroom, namely the spare capacity (100 - percentage load) of the output link. The y-axis displays the buffer size in Mbytes.

Note that the optimal region—the dark floor corresponding to low packet loss—is larger for the highly aggregated case (12 flows) than the lightly aggregated case (2 flows). This implies that less headroom is needed to achieve similar packet loss ratios as more flows are aggregated. For example with the largest buffer size of 256 Kbytes, we need a 40% headroom at a bandwidth of 35 Mbps and only a 20% headroom at a bandwidth of 500 Mbps to achieve a packet loss of one in a million.

Similar graphs of the average packet delay are shown in Figures 7 and 8. Although the graphs have the same form, we see that the delay is lower for the more aggregated case for the same percentage headroom.

The simulator revealed that smaller buffer sizes gave rise to unacceptable packet losses. Most of the simulation experiments were therefore performed with four buffer sizes namely 64, 128, 256 and 512 Kbytes. The results of these experiments are shown in Figures 9 and 10.

The amount of headroom required by IP traffic depends on the QoS criteria applied. We therefore need to specify QoS criteria such as packet loss ratios and packet delays for each class of traffic. Traffic such as real time voice and video streams needs more spare capacity (that is to say, more headroom) than FTP or email traffic. We fixed the packet loss ratio at one in $10^5$ and the average packet delay at 1 msec. These values correspond to an acceptable compressed video stream [2] and they yield the graphs in Figures 11 and 12 which show the headroom required for different aggregation levels for the two days (Jan 31 and Feb 14 2001) for which traces were collected.

Each graph displays three curves: the lower curve is the average delay, the middle curve is the 95th percentile delay and the top curve is the 99th percentile delay. On both days and for all three delay measurements (average, 95th and 99th percentile) the headroom follows a power law that decreases with the square root of the bandwidth. The three curves can be represented by the equation

$$h = ab^{-p}$$

where $h$ is headroom needed for the given delay and loss, $b$ is the aggregated average bandwidth in Mbps and $a$ and $p$ are constants where $p \sim 0.5$. A derivation...
Table 2: Fit results for 1 msec delay, packet loss ratio $= 10^{-5}$

<table>
<thead>
<tr>
<th>date</th>
<th>delay</th>
<th>a</th>
<th>p</th>
<th>$R^2$</th>
<th>goodness of fit</th>
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</thead>
<tbody>
<tr>
<td>Jan 21 2001</td>
<td>mean</td>
<td>135</td>
<td>0.43</td>
<td>0.93</td>
<td></td>
</tr>
<tr>
<td>Jan 21 2001</td>
<td>95th</td>
<td>281</td>
<td>0.54</td>
<td>0.98</td>
<td></td>
</tr>
<tr>
<td>Jan 21 2001</td>
<td>99th</td>
<td>308</td>
<td>0.51</td>
<td>0.98</td>
<td></td>
</tr>
<tr>
<td>Feb 14 2001</td>
<td>mean</td>
<td>185</td>
<td>0.53</td>
<td>0.96</td>
<td></td>
</tr>
<tr>
<td>Feb 14 2001</td>
<td>95th</td>
<td>295</td>
<td>0.56</td>
<td>0.99</td>
<td></td>
</tr>
<tr>
<td>Feb 14 2001</td>
<td>99th</td>
<td>317</td>
<td>0.52</td>
<td>0.99</td>
<td></td>
</tr>
</tbody>
</table>

Table 3: Fit results for 10 msec delay, packet loss ratio $= 10^{-4}$

<table>
<thead>
<tr>
<th>date</th>
<th>delay</th>
<th>a</th>
<th>p</th>
<th>$R^2$</th>
<th>goodness of fit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb 14 2001</td>
<td>Mean</td>
<td>141</td>
<td>0.53</td>
<td>0.92</td>
<td></td>
</tr>
<tr>
<td>Feb 14 2001</td>
<td>95th</td>
<td>158</td>
<td>0.55</td>
<td>0.95</td>
<td></td>
</tr>
<tr>
<td>Feb 14 2001</td>
<td>99th</td>
<td>216</td>
<td>0.59</td>
<td>0.97</td>
<td></td>
</tr>
</tbody>
</table>

do the power law in the case where the packet lengths are normally distributed is presented in Section 4.

Table 2 summarizes the results of the fit to the simulation results.

We also performed headroom simulations using more relaxed QoS criteria namely a packet loss ratio of one in $10^4$ and a delay constraint of 10 msec. The results are shown in Figure 13. The graph is of the same form as the earlier ones, with two exceptions: the headroom requirement of 10% is reached at a lower aggregated bandwidth (150 Mbps for the relaxed constraints vs. 300 to 400 Mbps for the tighter constraints), and the curves for average, 95th percentile and 99th percentile delays nearly coincide. This is because the packet loss constraint dominates over the delay constraint, so the different ways of measuring delay coincide.

### 2.4 The optimal aggregation point

From the graphs displayed in Figure 11 and Figure 12 (which agree surprisingly well, given that the data were collected two weeks apart), we see that the optimal point for aggregating this type of IP traffic with a target packet loss ratio of 1 in $10^5$ and a target delay of 1 msec is around 150 to 200 Mbps. Aggregating beyond this level, when we already only need 25% headroom, is in the region of diminishing returns and is not necessary.
3 The traffic model

It is commonly accepted that Ethernet and Internet traffic is fractal in nature [11]. Such traffic exhibits long-range dependence across many time scales so that aggregating traffic streams does not provide the statistical smoothing that would be expected from random traffic. The Hurst parameter for all the traces was estimated using the slope of the variance vs. the aggregation level [4]. The Hurst parameters for the traces varied in the range 0.77 to 0.89. A Hurst parameter of 0.5 implies random traffic, while Hurst parameters nearer 1 imply traffic that contains bursts over many time scales. Traffic with a Hurst parameter near 1 needs more headroom, as the burstiness is not smoothed away by statistical multiplexing.

However, there is an advantage to aggregation as the variation in the bandwidth per unit time (the instantaneous bandwidth) declines as we aggregate more streams [5]. Paxton and Floyd [11] showed that the arrival times of the first packet of a flow fits a Poisson model, but that the interarrival times between packets of the same flow are not Poisson but exhibit fractal or self-similar characteristics. However, the interarrival times of many aggregated flows of 50 Mbps and higher are known to follow the the
Poisson distribution reasonable well [3].

Our sample traces contained over 5000 individual flows, identified by unique source and destination addresses and port numbers. Of these 5000 flows, about 200 flows transmitted over 10 Kbytes during the 90 second trace. The graphs in Figure 14 present the interarrival times of short (40 bytes), medium (500-650 bytes) and long (1500 bytes) packets. The graphs on the left of Figure 14 show the number of packets arriving in a given interarrival bin (microseconds), and the graphs on the right show the logarithm of the number of packets arriving in a given interarrival bin (microseconds). In each case a spike is observed corresponding to the bandwidth limit of the incoming pipe (155 Mbit OC3 in this case) followed by a linearly (in the log case) decreasing tail. These graphs show that the interarrival times are approximately exponentially distributed.

Figure 15 plots the packet lengths vs. the interarrival times. This graph shows the prominent packet lengths (40, 620 and 1500 bytes) as horizontal bands. The diagonal band gives a link rate of approximately 132 Mbps which represents the cut off limit of the monitored OC3 (155 Mbps) input stream.

The reason that the maximum data rate is 132 Mbps instead of 155 Mbps is due to ATM cell header
overhead, as these traces were collected on ATM links. Furthermore, there should be no data points to the left of the diagonal band. The fact that such points are present indicate errors in either the trace collection hardware or software. Such errors are well known and are documented in Katabi and Blake [7].

If we re-examine the logarithm plots of the 600 and 1500 byte interarrival times (the lower right two subplots of Figure 14) we see that the data points to the left of the spikes at 30 and 90 microseconds are approximately an order of magnitude below their expected value, if we extrapolate the straight line tail back to the time of zero. We chose to omit the “erroneous” packets in the statistics, as they were an order of magnitude lower than the regular packets.

Figure 15: Packet length vs. interarrival time

4 A simple model

In this Section we describe the flow aggregation process in terms of a Poisson arrival stream of packets. The average packet length determined as an average of the 15 traces is 612 bytes. The packet average arrival rate is thus 0.2042 packets/msec. A random sequence of packet interarrival times was sampled from an exponential distribution with parameter 1/ (0.2042b), and a random sequence of packet lengths was generated from a tri-modal function that yields a distribution similar to that observed in the real traces as shown in Figure 17.

4.1 The simulation results

Consider the packets which arrive during a time interval of say 1 msec. We will evaluate the probability that the data in these packets (header plus payloads bits) divided by the bandwidth of the link is longer than 1 msec.

The following simulation experiments were performed. The bandwidth of the output link was varied from 50 to 500 Mbps in steps of 50, and the headroom took the values 10, 20, 30, 40, 50, 75 and 100%. For each (bandwidth, headroom) pair we performed 10,000 experiments. In each experiment we generated a sequence of exponentially distributed packet interarrival times. We generated three times as many interarrival times as we estimated were needed based on the average packet inter-arrival time. The cumulative sum of the packet inter-arrival times yields the simulated arrival time of each packet.

In each experiment, consider the packets which arrive during 1 msec. For each arrival we generate a random packet length using the the packet length function that was used to model the observed packet lengths in the traces. The bits that arrived during the 1 msec interval are summed. For each (bandwidth, headroom) pair we recorded the percentage of the experiments where the arriving bits fitted within the bandwidth.

Figure 16 presents the results from (1) simulations using real traces, (2) simulations using exponential packet arrivals, and (3) the headroom power law. The three curves have similar shapes: the simulation predicts a higher headroom than the real traces which is further discussed below.

4.2 Different packet length distributions

We examined two other packet length distributions:

- constant length packets with length equal to the average of the observed distribution, and
packet lengths with a normal distribution with
the same mean and variance as the observed
packet length distribution.

Constant length packets were observed to have neg-
ligible headroom requirements. From this we con-
cluded that the main factor contributing to buffer
overflow was the packet length variation, and the ex-
ponential arrival process contributed only minimally.

The normal packet length distribution produced
almost identical results to the tri-modal distribution
observed with real packet traces. This suggests that
the observed statistical gain to be had from aggrega-
tion depends only on the mean and standard devia-
tion of packet length distribution.

4.3 The headroom power law

The simulation results presented in Figures 11, 12
and 13 show that the headroom $h$ follows a power
law

$$ h = ab^{-p} $$

where $b$ is the bandwidth of the offered traffic in Mbps
and $a$ is a constant. The power $p$ is obtained by
regression fitting to the traffic data and $p \sim 0.5$.

In seeking to explain the power law we observe that
the packet length distribution, and hence the mo-
ments of the packet length distribution remain con-
stant as we aggregate to higher bandwidths.

Let $M$ be a random variable denoting the length
of a packet in bits. Assume that $M$ is normally dis-
tributed with mean $m$ and variance $\sigma^2$. Consider
the random variable $B = M_1 + \cdots + M_n$ with mean
$b = nm$ and variance $S = n\sigma^2$. If we regard $n$ as the
average (rounded up to the nearest integer) number
of packets arriving per second, then $b$ is the band-
width in bps of the offered traffic.

The additional bandwidth $e$ in bps needed to en-
sure that 95% of the offered traffic is transmitted in
1 second is $E = 1.64\sqrt{S}$. The headroom $h$ is

$$ h = e/b = 1.64\sqrt{S}/b = 1.64\sigma/\sqrt{mb}. $$

The measurement from the 15 traces yield $m = 612$
and $\sigma = 679$ bytes. Substituting these values into the
above equation yields

$$ h = 127/\sqrt{b} \quad (1) $$

Equation (1) is plotted as the circles in Figure 16
and gives a better fit to the observed traces than the
simulation model with an exponential packet arrival
process and normally distributed packet lengths.
The fact that the simulation results differ from the simulation results when real traffic traces are used can be attributed to the assumption of exponential packet arrivals and also to the fact that no lower bound was placed on the packet length. Real traffic is shaped by the absolute hard bandwidth limits of the incoming pipes (for example the 133/155 Mbit limit observed in Figure 15. Further investigation is needed to confirm this.

5 Conclusions

QoS can be defined in terms of packet delay and packet loss. The packet delay can be assumed to be reasonably constant, as it is determined by the ratio of the maximal allowable delay detectable by the human ear/eye divided by the number of jitter-inducing switches that the traffic must cross. We assume that 1 msec is an acceptable delay per switch. For toll quality voice telephone conversations a maximal round trip delay is 300 msec or 150 msec for one way delay [13]. Most one-way trace routes are maximally 15 to 20 hops long. If we assume 40 router hops for a round trip, and allow each router 1 msec of delay, we will be within our delay budget. We must also remember to allow for switching and transmission time in the TDM network which from the G.114 document mentioned above can be calculated as (3 + 0.005 × distance in kilometers) msecs.

The packet length distribution can be assumed to stay reasonably constant with time (the only parameters of the distribution that affect our simulations are the mean and variance). Thus as the total aggregated bandwidth increases, we can expect to fit more and more packets into a 1 msec window, and the additional bandwidth needed to ensure the desired QoS increases with \( \sqrt{n} \) where \( n \) is the average number of packets that arrive per second.

Aggregation of IP traffic gives substantial statistical multiplexing gains, especially at higher bandwidths. TDM tunnels can be sized from the aggregate maximum daily demand using graphs similar to those shown in Figure 1. Network engineers will probably size the tunnels with a safety factor of 100%, as installing new fiber and routers occurs on a timescale of months.

The conclusions for network design are that we can build simpler, more economical networks by using a collection of cheaper TDM switches to carry fixed bandwidth pipes between major population centers, and fewer and cheaper routers to handle local switching and routing in the metro areas.

6 Further Work

Further study is required to determine if the hard shaping of the tributary pipes affects the amount of headroom needed. It might also be useful to do a cost benefit analysis of building a complete network based on TDM switches between major centres with STS1 (50 Mbit) pipe granularity increments and large routers at major cities handling the traffic for that region.

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References


